



Technical Label

Flavor Name: Cookies 'n Cream

Nutrition Facts	
Serving Size 16 fl oz (474 mL) as Blended	
Servings Per Container 1	
Amount Per Serving	
Calories 590	Calories from Fat 220
% Daily Value*	
Total Fat 25g	38%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 75mg	25%
Sodium 260mg	11%
Total Carbohydrate 80g	27%
Dietary Fiber 1g	4%
Sugars 63g	
Protein 13g	
Vitamin A 20%	• Vitamin C 2%
Calcium 45%	• Iron 4%
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Chocolate Sandwich Cookies [Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean, Palm, Palm Kernel Oil with TBHQ for Freshness), Cocoa Processed with Alkali, Invert Sugar, Yellow Corn Flour, Chocolate, Cornstarch, Salt, Leavening (Sodium Bicarbonate, Mono-calcium Phosphate), Whey, Natural and Artificial Flavor, Soy Lecithin], Water, Natural And Artificial Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

Allergen Information: Contains Milk, Wheat, and Soy. May contain traces of peanuts, tree nuts or eggs from manufacturing and blending.

Manufactured for f'real foods LLC, Emeryville, CA 94608